



MEDIA ALERT

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***Fill a Glass with Hope*[®] Program to Benefit Families in St. Marys**

St. Marys, PA., June 20, 2019 – Milk is one of the most requested items at food banks, yet it is rarely donated. As such, hungry families are missing out on the essential nutrients milk provides. Fortunately, that changed in St. Marys through an innovative program focused on providing fresh milk for families which started in 2017. It is with the help of supporters that the distribution of milk will continue at St. Marys through a donation from Seneca Resources, the exploration and production segment of National Fuel Gas Company.

On Thursday, June 20th, representatives from Second Harvest, Seneca Resources and the Christian Food Bank will come together to receive dairy items for families in need of food. Seneca Resources recently provided a donation that will allow the Christian Food Bank to continue to distribute fresh milk to clients.

Event details include:

- Thursday, June 20th
- 11:45 a.m.
- Christian Food Bank | 817 South Michael Street | St. Mary's, PA 15887
- In attendance:
 - Larry Johnson, Board President, the Christian Food Bank
 - Georgia Wagner, Second Harvest Coordinator
 - Vicki Cooper, Stakeholder Relations, Seneca Resources
 - Andrea Velez, Special Events Coordinator, Second Harvest Food Bank of NW PA

Approximately 131 families will receive fresh milk each month, in addition to other food options. The *Fill a Glass with Hope*[®] program is expected to provide approximately 2,000 quarts of fresh milk through the agency with this contribution.

“Milk has many health benefits such as making bones and teeth stronger, reducing risks of various chronic diseases, building muscle and much more,” said Karen Seggi, Executive Director of Second Harvest. “That’s why we are committed to delivering one of Pennsylvania’s favorite beverages to our clients, who otherwise could not profit from milk’s beneficial nutrients.”

Fill a Glass with Hope[®], the first statewide charitable fresh milk program, is a collaborative partnership among Feeding Pennsylvania, Mid-Atlantic Dairy Association, Pennsylvania Dairy Promotion Program and Pennsylvania Dairywomen’s Association. Second Harvest is the eighth food bank within the Feeding Pennsylvania network to launch the program

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About Seneca Resources:

Seneca Resources Corporation, LLC, the exploration and production segment of National Fuel Gas Company, explores for and develops natural gas and oil reserves in California and Appalachia. Additional information about Seneca and National Fuel Gas Company is available at <http://www.nationalfuelgas.com> or through the Company's investor information service at 1-800-334-2188.

About Christian Food Bank:

The Christian Food Bank is organized for the charitable purpose of providing food to the needy who must reside within the boundaries of the St. Marys Area School District and must also be income-eligible.

About the Second Harvest Food Bank of Northwest Pennsylvania:

The mission of the Second Harvest Food Bank of Northwest Pennsylvania is to provide food to those in need within 11 counties of northwest Pennsylvania while creating awareness and educating the community on the realities of hunger. Second Harvest provides food to 412 member agencies and distribution partners throughout the 11 counties of northwest Pennsylvania. These organizations include food pantries, soup kitchens, shelters, Produce Express mobile distributions, Military Share – a Produce Express Program, School Pantries, Backpack Programs and Senior Box distribution sites. In the most recent year, Second Harvest has distributed 9.2 million meals to individuals in need. Second Harvest serves the following 11 counties in northwest Pennsylvania: Cameron, Clarion, Clearfield, Crawford, Elk, Erie, Forest, Jefferson, McKean, Venango and Warren.