



Contact: Natalie E. Massing Marketing & Media Coordinator nmassing@nwpafoodbank.org (814) 459-3663 x 104 Second Harvest Food Bank of NW PA 1507 Grimm Drive Erie, PA 16501 www.nwpafoodbank.org

NW PA Letter Carriers to Help Stamp Out Hunger on May 14th

May 2022- On May 14, 2022, letter carriers throughout Northwest Pennsylvania will once again Stamp Out Hunger. After a two-year hiatus, the National Association of Letter Carriers Stamp Out Hunger Food Drive is back. Now in its 30th year, the Stamp Out Hunger effort is the nation's largest single-day food drive. In 2019, the letter carriers and their volunteers in Northwest Pennsylvania collected close to 102,000 pounds of food to help feed our neighbors in need.

You can participate by leaving a sturdy bag containing nonperishable food items (like canned soup, canned vegetables, pasta, rice, or cereal) next to your mailbox early in the morning on May 14th. Food items should be in an unbreakable container such as boxes and cans. Your postal carrier and volunteers for Stamp Out Hunger will be collecting donations from homes across the region and delivering them to Second Harvest Food Bank of Northwest Pennsylvania or to its member agencies in the area.

For more information, please visit <u>www.nwpafoodbank.org</u> or call Second Harvest Food Bank of Northwest Pennsylvania's Special Events Coordinator, Sydney Courcier, at (814) 459-3663 x 113.

###

About the Second Harvest Food Bank of Northwest Pennsylvania

The mission of the Second Harvest Food Bank of Northwest Pennsylvania is to provide food to those in need within 11 counties of northwest Pennsylvania while creating awareness and educating the community on the realities of hunger. Last year, Second Harvest distributed over 10 million meals through an anti-hunger network of 395 partner organizations. Second Harvest serves the following 11 counties in northwest Pennsylvania: Cameron, Clarion, Clearfield, Crawford, Elk, Erie, Forest, Jefferson, McKean, Venango and Warren.