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Second Harvest Food Bank of Northwest Pennsylvania Healthy Pantry Initiative (H.P.I.) introduces “Meals Made Easy” cooking class for our neighbors in need.

April 10, 2023 – Find out what’s cooking this spring at the food bank! **Second Harvest Food Bank of Northwest Pennsylvania is promoting a new pilot program with our member food pantries. “Meals Made Easy” is a six-week cooking class with the Healthy Pantry Initiative (H.P.I.) Coordinator and Nutritionist, David Godoy, to incorporate hands-on cooking classes, recipes, and nutrition education for our neighbors in need.**

Wesleyville Interfaith Food Pantry is the first member agency to host the program. It is located at 2041 Station Road in Erie and is wrapping up the “Meals Made Easy” class on Tuesday, April 11th from 10:00 AM to 12:00 PM. Incentive prizes will be awarded, and our neighbors will share how the classes have impacted their eating habits and the way they prepare meals at home.

“Meals Made Easy” provides all the necessary components for a healthy lifestyle. This program will make a real difference in the lives of our neighbors and their ability to make healthy food choices. It also provides the power of community and a deep sense of belonging.” Karen Seggi, CEO of Second Harvest Food Bank.

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About the Second Harvest Food Bank of Northwest Pennsylvania

The mission of the Second Harvest Food Bank of Northwest Pennsylvania is to provide food to those in need within 11 counties of northwest Pennsylvania while creating awareness and educating the community on the realities of hunger. Last year, Second Harvest distributed over 10 million meals through an anti-hunger network of 390 partner organizations. Second Harvest serves the following 11 counties in northwest Pennsylvania: Cameron, Clarion, Clearfield, Crawford, Elk, Erie, Forest, Jefferson, McKean, Venango and Warren.